

In visits with youth—

- it can't be auscultated,
- it can't be palpated,
- it can't be seen with a scope, and
- it can't be tested with a hammer.

But it can be assessed...

What is it?

SUICIDE RISK



Take the free online adolescent suicide risk assessment training, help our youth, and earn advanced practice nursing CEUs (that can be counted toward PA state licensure by registered nurses as well).

For more information, contact

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The views, opinions, and content of the training are those of the authors and contributors and do not necessarily reflect the views, opinions, or policies of CMHS, SAMHSA, or DHHS.



ADOLESCENT SUICIDE RISK ASSESSMENT TRAINING

"If you cannot find happiness in life, then maybe death is what should become of you."

"When y'all get this it's obvious I'm dead, but don't shed no tears."

"I had so much pain inside my brain, ain't let nobody know."

These statements were written by Pennsylvania youth prior to their deaths by suicide.

Almost half of persons who have died by suicide had contact with their primary care providers within one month of their deaths. What about your patients? If you saw suicide risk, would you recognize it? What would you ask? What you say? What would you do? Could you help them?

Gain knowledge and skills needed in clinical practice to help recognize risk and prevent suicide.

It's a way to earn advanced practice nursing CEUs...

It can be taken by any clinician...

It's informative...

It's online...

It's free...

It's a way to help save lives

Log on to <http://www.napnap.org>.

Select **<Continuing Education/PNPSourCE,>** then **PNPSourCE** then **<Click here for complete course listing>**

scroll down and select <Adolescent Suicide Risk Assessment> under Mental Health.



Learn to assess background and subjective risk factors for suicide using the HEADSS interview instrument

Perturbation



Cognitive Constriction

Tunnel Vision

Plan

H = Home
E = Education
A = Activities
D = Drug use and abuse
S = Sexual behavior
S = Suicidality

Topics covered:



- Importance of suicide risk assessment
- Prevalence/epidemiology of suicide
- National efforts for suicide prevention
- Reasons why suicide becomes an option
- Performing an adolescent assessment (background and subjective factors)
- Levels of suicide risk
- When to refer
- Treatment options
- Assessment tools
- Significance of family assessment

Take the pre-test/post-test videotaped vignettes of sick visits of youth and assess your knowledge.

Log on to <http://www.napnap.org>.
Select [<Continuing Education/PNPSourCE>](#) then [PNPSourCE](#)
then [<Click here for complete course listing>](#)
scroll down and select [<Adolescent Suicide Risk Assessment>](#) under [Mental Health](#).



Access the training by

1. Log onto the Web site of the National Association of Pediatric Nurse Practitioners at <http://www.napnap.org>.
2. On the right hand side of the screen, select [Continuing Education/PNPSOURCE](#).
3. Scroll down and click on the PNP icon  to access [PNPSOURCE](#).
4. Look for the book icon  and select ["Click here for complete listing."](#)
5. Scroll down the page until you see the heading ["Mental Health."](#) Then click on ["Adolescent Suicide Risk Assessment."](#)
6. Follow the instructions on the right under ["First Time Visitors"](#) if you do not have an account. Follow the instructions on the left under ["NAPNAP Members and Returning Visitors"](#) if you do have an account.
7. Follow the instructions on the course outline page.